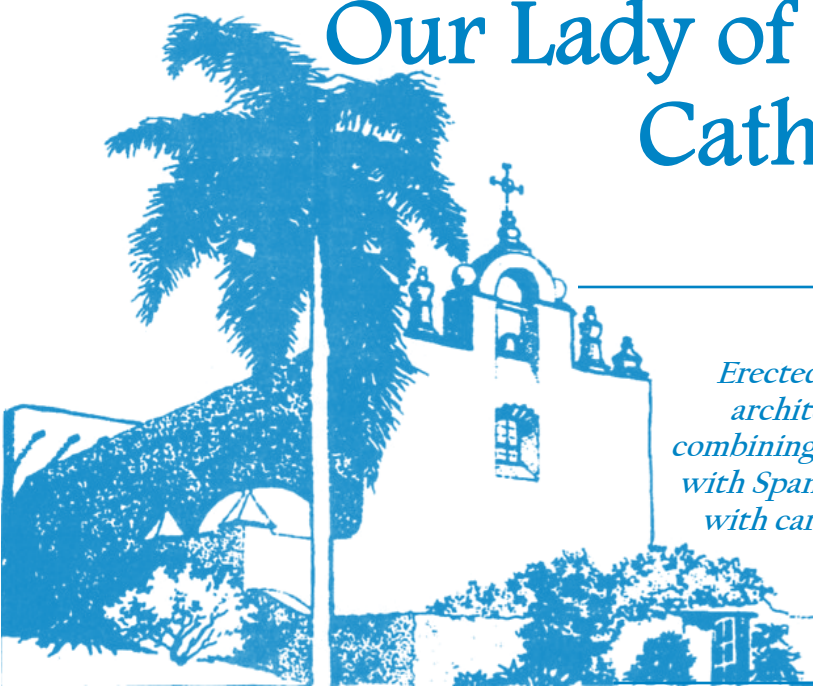


Our Lady of Mount Carmel Catholic Church



Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees is typical.

Monsignor Stephen Downes, Pastor
Father Maurice O'Mahony, Pastor Emeritus
Father Carrol O'Sullivan, Retired
Father Jack Shine, C.M., Weekend Associate

Rectory Phone 805/969-6868
1300 East Valley Road Fax 805/565-5959
Santa Barbara, California 93108
website: www.mtcarmelsb.com
email: dellastrada1300@gmail.com

Masses
Daily 7:45 AM
Saturday 7:45 AM Vigil Mass: 4:30 PM
Sunday 8:00 AM, 10:00 AM, 12 Noon

Holy Day Mass Vigil 5:30 PM
Masses on Holy Day:
7:45 AM, 9:00 AM (*School Mass*) & 5:30 PM

Confessions: Saturdays 3:30-4:15 PM **In Side Chapel**

Baptisms: 1st & 2nd Sundays of the month

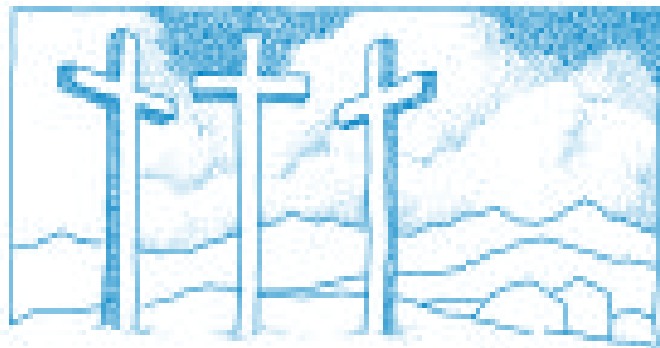
Religious Education 805/969-4868
Sister Kathleen Patrice, C.S.J. - Director
srkathleen@mountcarmelschool.net

Youth Minister/Confirmation Coordinator
Sarah Mack - Youth Minister 805/574-9941
sarahm@mountcarmelschool.net
High School Confirmation - '*El Camino*'
Middle School Youth Group - '*The 'M&M's*'

Weddings
The Bride or Groom must be a registered, contributing and active member of Mt. Carmel Parish for at least one year before requesting a marriage date.
Please call the Rectory at least six months before the proposed date of marriage or email us at weddings@olmc-montecito.com for more information.

Our Lady of Mount Carmel School 805/969-5965
530 Hot Springs Road • Santa Barbara, 93108
Pre-K thru 8th Grade • Principal — Karen Regan
www.mountcarmelschool.net

Secular Order of Carmelites - Meets 2nd Sat. of each month
Evelyn Duimovich 805/969-3858



Third Sunday of Lent
March 23, 2014

While we were still sinners,
Christ died for us.

— Romans 5:8

WELCOME TO OUR LADY OF MT. CARMEL

If you are visiting or new to our community, *we are blessed that you are here to worship with us and we welcome you.* Our Pastor, Retired Priests and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our Parish, please call or stop by our Parish Office. The hours are M-F, 8:30am-12 noon and 1:30pm-5 pm. Coffee, Donuts & Cappuccino are served in the side courtyard after the 10am Sunday Mass.

PLEASE JOIN US!



Our Lady of Mount Carmel

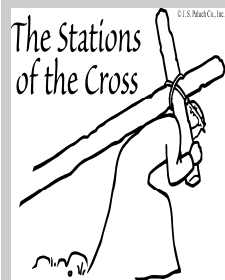
WHOLE COMMUNITY FAITH SHARING

Week of March 23rd - John 4:5-42

Faith Reflection: This week's long gospel reading tells the story of 'the woman at the well'. It is important to note that there was a long and fierce hatred between the Jews and Samaritans. This is why the woman was puzzled that Jesus, a Jew, would ask her, a Samaritan, for a drink of water. This story illustrates how the early church dealt with ethnic diversity and animosity, a lesson for us today. The story also tells us that Jesus gives everyone, not just the 'chosen' or 'saved', living water to nourish us on our own spiritual journey. This journey is not supposed to be merely an individual journey, but an inclusive journey for all those we meet and all those in need.

Faith Question: Where have I found a source of "living water" for my own journey of faith?

Faith Response: This week I will write down the steps I am taking to make sure that my faith bears fruit in good works.



In the spirit of the Lenten Season, you are invited to the Stations of the Cross & a Soup Dinner



Every Friday Evening during Lent

Time: 6:00pm (In the Parish Hall)

For more information, please call Sr. Kathleen Patrice at 805/969-4868.

Please pray for the sick of our Parish

Bruce Albertson, Jack Jones, Eric Lundy, Kevin McKernan, Marti Boise, Carolyn Bell, Jo Dushais, Jack McClellan, Rosemary Donohue, Rosemary Redmond, Patricia McNamara, Christopher Guadagnini, Sir Daniel Donohue, Tyler Hester, Dylan Swalley, Frances Maher, Maddie Press, the Borgatello Family, Marilyn Schuermann, Mary McCormack, Robert Munoz, Roger Cass, Jim Fuller, Harry Williams, Susan Basler, John Macias, Ritz Brunello, Joe Corsaro and Dave Lamb. Let us also pray for Bowe Bergdahl, a POW detained by the Taliban.

Do you know of someone who is NO longer in need of being on our list? Wish to add immediate family? Does someone need to be visited? Please call our Parish Office at 805/969-6868.



Ministry Assignments

SAT. 4:30 PM	MARCH 22nd John Duffy - Lector S. de Ponce, K. Flynn & K. Hill Eucharistic Ministers Matthew Helkey, Luke & Riley Peterson Altar Servers
SUN. 8:00 AM	MARCH 23rd Alicia McFarlane - Lector D. & B. Crooks - Eucharistic Ministers Antonio Bazzani, Caitlin Hubbs & Julianna Forry - Altar Servers
10:00 AM	Student Lector C. Wathen, B. Jones, W. Gragg, B. Nielsen, M. Press, C. Groth-Marnat, R. Willmon & B. Nunez - Eucharistic Ministers Sam Krautmann, Luke Wegrzyowicz & Emily Wazny - Altar Servers
12:00 PM	Eloise Srednicki - Lector R. & J. Victoria Eucharistic Ministers Alyssa Pakes, Isabella Dozier & Alec Rubio Altar Servers



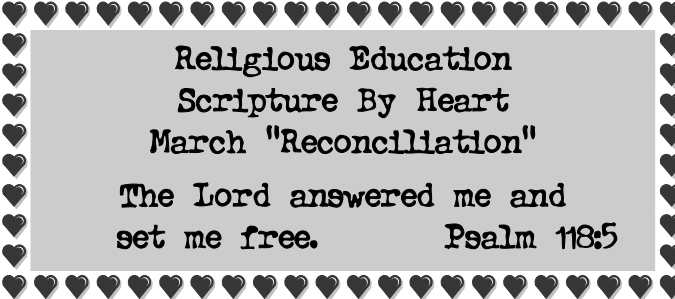
Mass Intentions

SAT. 7:45 AM	MARCH 22nd Elizabeth Harper +
4:30 PM	Mario & Peggy Borgatello +
SUN. 8:00 AM	MARCH 23rd John Rosecrance +
10:00 AM	Int. of Eileen Kelly
12:00 PM	Francisco Winham +
MON. 7:45 AM	MARCH 24th Int. of Mark Dion
TUES. 7:45 AM	MARCH 25th Ethel Jarchow +
WED. 7:45 AM	MARCH 26th Int. of John Morehart
THU. 7:45 AM	MARCH 27th Albert Lampke +
FRI. 7:45 AM	MARCH 28th Douglas Dumovich +
SAT. 7:45 AM	MARCH 29th Jake Morehart +
4:30 PM	Denny Lord +
SUN. 8:00 AM	MARCH 30th Int. of John Morehart
10:00 AM	Norma Bliquez +
12:00 PM	For All Our Parishioners

40 DAYS FOR LIFE IN LENT

Christians from Goleta to Carpinteria are planning on participating in the powerful prayer vigil called "40 Days for Life" during Lent. Won't you join other committed believers who stand for life during this time by signing up to pray for one hour a week during Lent in front of Planned Parenthood at 518 Garden Street.

To sign up to pray, call Rita Duley at 805/886-8555. THANK YOU! Website - www.40daysforlife.com



 Religious Education
 Scripture By Heart
 March "Reconciliation"
 The Lord answered me and
 set me free. Psalm 118:5

**OLMC Safe Guard the Children Committee
PRESENTS**



ARE YOU A CYBER SMART PARENT?

Wednesday ◊ April 9th ◊ 7:00 pm
(In the Parish Hall)

Join us for an evening of discussion with
 Guest Internet Expert Officer Kasi Beutel, from the
 Santa Barbara Police Dept.
 She will share her extensive knowledge on how to keep
 you and your family safe online.

Safeguard Our Children...Did You Know?
**How Old Does a Child Need to Be
 in Order to Stay Alone?**

Do not assume that when your child understands what you are saying, he is ready to walk out the door by himself. Besides the fact that many states have laws against leaving children of certain ages alone (for example, younger than 12), experts say children should not be left by themselves until they are capable of fighting off an abductor or handling a crisis situation. Experts also say children do not have the mental maturity to cross busy streets by themselves until they are about 10 or 12 years old. Finally, parents who are certain their young children would never walk away with a stranger will be shocked to learn that studies show they probably will. Stay alert and vigilant, even if you believe your child is aware of possible dangers from others.

For particular help, call the Archdiocese's Victims Assistance Ministry, 213/637-7650.



Fridays in Lent are days of abstinence from meat for everyone who is 14 years or older.

CONGRATULATIONS to Marianna Da Ros, for being honored with the **Annual Christian Service Award** by the Archdiocese of Los Angeles. Every year, the top high school seniors from the 51 Catholic High Schools in the Archdiocese are recognized for the service they give to their communities. Marianna continues to give her time to our own Parish community, Bishop Diego High School, and the city of Santa Barbara.

School News



Spring Raffle
 It's time for
**Our Lady of Mount Carmel
 School's Spring Raffle!**

Raffle Tickets ONLY \$5 each!
 1st Prize \$2,000 • 2nd Prize \$1,500
 3rd Prize \$500
Drawing April 12, 2014
 (Winner need not be present.)

To purchase tickets or to get a block of tickets to sell, contact Matthew Wegrzynowicz at 720-220-6382 or matthew_weg@yahoo.com. Proceeds support school scholarship & technology funds.

Youth Ministry

Here at OLMC Parish, we strive to offer our youth a place to "Belong, Believe, Become".

"El Camino"
High School Confirmation Group
 Join us as we explore our faith & journey to The Rite of Confirmation through topical discussion, music, debate, multimedia & art. Meets two Sundays a month, from 11am to 12:30pm in our Parish Hall.



Up Coming Sessions & Gatherings

Mar. 23rd "Christ in the Passover" Session
 Mar. 30th LA Day – Cathedral/Olvera St.

"Sanctus" High School Leadership Group
 Mar. 30th LA Day – Cathedral/Olvera St.

"M + M's"
Middle School Youth Group
 Open to all 6th - 8th graders from ANY school. Meets 6:30pm - 8pm in Parish Hall



Upcoming Events

Mar. 29th Sky High Event (Camarillo)
 1pm — 3:30pm (email Sarah to get all the details and to sign-up.)

For more information or to be added to our email list, please contact our Youth Minister Sarah Mack at 805-574-9941 or email, sarahm@mountcarmelschool.net.

OUR PARISH FINANCES

Many thanks to all for your generous contributions to our Church in the Offertory collection each Sunday. Here is the report for the Offertory collection for Sunday, March 1st/2nd:

Envelopes and Plate Collection \$6,902.50

The average Sunday collection would need to reach \$8,500 each week to avoid another Parish operating deficit for the fiscal year which ends June 30th. We continue to do everything possible to reduce our expenses. We are very grateful to our donors. Your generous donations at Sunday Eucharist expresses your love for God and funds all the Parish Worship, Religious, Educational and Service Programs of the Parish. Many thanks and God's blessings on you and your family.

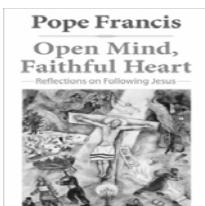
Always Our Children

This Monday, March 24th ◊ 7:30PM

The Catholic support group for parents of Gay and Lesbian Children from the Santa Barbara and Ventura area, is a safe and comfortable environment where you can share your feelings and fears, and ask questions.

The meetings are informal and confidential.

For more information, call Joe & Kathie Schneider at 805/687-4338.



POPE FRANCIS AND SPIRITUALITY

Please join us for an evening of discussion with

Fr. Kenan Osborne, OFM

THIS Wednesday ◊ March 26th

7pm to 8:30pm ◊ OLMC Parish Hall

Fr. Osborne will share about Pope Francis's new book.



Heart to Heart

As we prepare for our trip to Mexico, we have put together our "Wish List" for the families receiving the new homes. Anything you can contribute is appreciated and can be dropped off to the Religious Education Office or the Rectory Office.

- ♥ dry goods — large bags of beans & rice, salsa, flour, sugar, cooking oil, peanut butter, can veggies & fruit
- ♥ drinking water—large 2.5 gallon containers
- ♥ 2 large plastic coolers to leave for the family to use as a refrigerator
- ♥ new blankets, beddings, sets of towels
- ♥ medicine cabinet/first aid items — aspirin, cough syrup, children's Tylenol, band-aids
- ♥ hygiene items (soap, shampoo, lotion, dental items)
- ♥ toilet paper
- ♥ indoor garbage bags
- ♥ smoke detector
- ♥ cooking utensils
- ♥ clothesline, laundry soap
- ♥ cleaning supplies—sponges, cleaning solutions
- ♥ radio with batteries
- ♥ Welcome Mat
- ♥ Coleman lanterns with spare batteries or propane

FROM THE PASTOR'S DESK

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FR. STEVE

Thirsting for water is like thirsting for life and for God. As the people wander in the desert thirsting for water (in the First Reading today) they ask: "Is the Lord in our midst or not?" In response to the cries of Moses, the Lord provides water from the rock to meet the needs of the people. In today's Gospel Jesus tells us that he gives "living water" that becomes in us "a spring of water welling up to eternal life." We receive this "living water" in Baptism and throughout life as we turn to Jesus. In Lent we walk with Catechumens who are preparing for Baptism at Easter as we celebrate the death and resurrection of Jesus. As they are baptized we will renew our Baptism. In Lent we turn back to God by opening our hearts to Jesus like the Samaritan woman in today's Gospel. Let us thirst more than ever for Jesus Christ, the source of "living water".

- Many thanks to all who are responding to the Annual Appeal, Together in Mission, which helps 37 parishes and 56 parish schools remain open to serve the people in some of the poorest areas of the Archdiocese of Los Angeles. So far we have received \$32,472 towards the parish goal of \$41,456.55. We ask for more generous parishioners to help us meet our parish goal. All funds go to the 37 parishes and 56 parish schools only. Please make all donations or pledges through our Parish Office as this Appeal is being conducted at the parish level. Many thanks for your generosity.

- Bible Study with Father Steve on the Gospel of John continues on Monday mornings from 10:30 AM to 12 noon in the Parish Hall. All are welcome. Bring your Bible.

- There will be no RCIA meeting this Tuesday evening as we invite everyone to attend the talk on Pope Francis and Spirituality by Fr. Ken Osborne, OFM, in the Parish Hall at 7:00 PM on Wednesday.

- There will be no Bible Study on Wednesday evening. Instead everyone is invited to attend the talk and discussion with Father Ken Osborne, OFM, in the Parish Hall at 7:00 PM.

- On Wednesday evening our parish will be blessed by a visit from Father Kenan Osborne, OFM, a learned theologian who taught for many years as a professor of theology at the Franciscan School of Theology and the Graduate Theological Union at Berkeley. He will speak with us about Pope Francis and Spirituality. Recently he reviewed the book written by Pope Francis while he was still a cardinal, the book entitled "Open Mind, Faithful Heart". Father Osborne's talk and discussion with us will take place on Wednesday evening in the Parish Hall from 7:30 to 9:00 PM. All are welcome.

- We invite everyone to take a look at our new parish website at www.mtcarmelsb.com

God's love has been poured into our hearts
through the Holy Spirit. Romans 5:5b

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